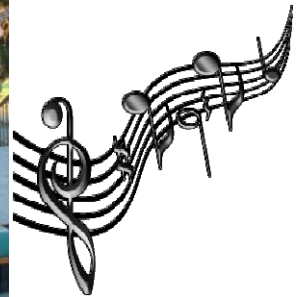
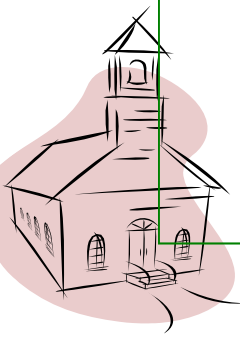


# Trinity

*September 2011*



## TRINITY LAWN CONCERT

West Sacramento's own award-winning songwriter Richard March and band will TRINITY LAWN CONCERT  
West Sacramento's own award-winning songwriter Richard March and band will be bringing their crowd-pleasing brand of country-folk style music for their 8th annual appearance at the final Lawn Concert of 2011 to be held here at Trinity on Wednesday evening,

### **Sunday Worship Services**

**9:00 a.m.**

**Family-friendly  
Contemporary**

\*\*\*\*

**11:00 a.m.**

**Blended/Traditional  
Service**

\*\*\*\*

**Kids class & loving  
childcare at all  
worship services**

\*\*\*\*

**5:00 p.m.**

**"Last Call" Casual  
Contemporary**

**Summer is almost over School has begun, Fall is coming It's Time**

### **Come home to Trinity**

Worship, Praise, Prayer and Music ( Sunday's 9:00, Am 11:00 Am ,5:00 PM, and 7:00 PM Spanish Language)

Sunday School 9:00 AM, 11:00 AM

Spiritual Growth: ALPHA, FIRE, Small Groups, Youth Group, Midpoint, Bible Studies

Reconnect with Friends and Family (Fellowship Hour, Ladies Lunch, Ice Cream Social, lawn Concert)

SERVE OTHERS ( Out of the Box, Deacons, Riverbend Convalescence, Stonegate School)



This month I would like to give the Trinity family a 'Fall Reading List.' As time goes on I will provide other books which I think will help people grow their faith.

My first recommendation is the delightful *Wishful Thinking* by Frederick Buechner. This is a short book of short vignettes on theological terms made accessible by Buechner's wit and wisdom. From a definition of 'agnostic' to a piece on 'doubt,' from 'guilt' to 'saint,' from 'truth' to 'worship,' he keeps you reading, and wondering, and thinking. I don't always agree with Buechner, but I frequently consult this book for his insight and grasp of the things of God.

The second recommendation is C. S. Lewis' *God in the Dock*, a series of essays on theology and ethics. In short articles, Lewis talks about 'Evil and God,' 'Miracles,' 'Religion and Science,' 'Religion without Dogma?' and 'Is Theism Important?' He deals with punishment, progress, communication, Christmas, and how to spend time with yourself. As always, Lewis is imaginative and profound.

My third recommendation is *Speaking the Truth in Love to Mormons* by Mark J. Cares. This is an excellent, recent (1993), practical guide to sharing orthodox Christian faith with Mormons. I remain surprised when people say they believe that Mormons are Christians, since most every essential definitional component of Christianity is denied by an orthodox Mormon. Using the name of Jesus Christ in their church's title doesn't negate the fact that what they believe isn't Biblical nor Christ-centered. This book outlines both what Mormons believe and how to reach them with the life-changing Gospel of Jesus Christ.

My fourth recommendation is *The Meaning of the Millennium*, edited by Robert Clouse. This is a book for those who are interested in eschatology, the study of the last times. It's a book for people who've spent any time in the Book of Revelation, and are keen on understanding how history will finally play itself out. In a wonderful panel-type format, one person presents a case, and three others respond, this pattern repeated four times, so everyone gets a 'say.' Traditionally, there are four views held by Biblically-centered persons concerning the meaning of the thousand year reign mentioned in Revelation 20:1-6. As each person makes the presentation, you will see other elements in their clearly defined position, yet the editor's approach allows you to compare and contrast. It turns into a fascinating and engaging discussion of one of the most 'differently understood' areas in all Christian thinking.

Finally, I would urge everyone to read *The Road Less Traveled* by M. Scott Peck. I regularly use this excellent book with clinical patients. It contains incredible wisdom on how to live life and includes many vignettes and stories of practical counsel. It is the book we would have wished our parents would have read. Highly recommended.

It's a pleasure to be with you at this time in the life of Trinity!

----- Dr Tom



## ESQUINA LATINA - LATINO CORNER - SEPT 2011



*During July we continued to meet on Wednesdays and Sunday evenings. We also enjoyed a Latino family picnic at Discovery Park. Tina also enjoyed attending a Presbyterian Latino Pastors Conference in Guatemala City.*

**LATINO YOUTH 1.5** (Photo of our own Mauricio Garcia, with mom, Claudia, and dad, Gabriel, with principal (right) at graduation from Elkhorn Village School)

We held the first of a series of meetings for our youth. We call it Latino Youth 1.5. This refers to the generation that most of them belong to. The parents are mainly first generation, being the first ones to come and live in the U.S. The term 1.5 refers to their children, who were brought here at a young age. Other Latino youth are second generation, having been born here. These youth deal with situations which have specific cross-cultural dynamics. They are more acculturated to this country, but their parents are not. This produces areas of challenge, which we're addressing in these meetings. Our worship leader David Contto and his wife Carmen are leading these meetings. David is also teaching the youth to play some instruments, so they may start playing as part of our worship.

In August we had the pleasure of providing the music for the lawn concert, the first one with Latino flavor. We also continued with our Wednesday evening Bible studies and Sunday services. Attendance at the latter took a dip for a few weeks, but was up this past Sunday. Please pray that people may continue to come. It is a challenge, because some people work long hours, including Saturdays and Sundays.

### LABOR DAY PROJECT – SEPT. 2-5, 2011

We're excited about this upcoming project! Connectional cross-cultural community outreach!

Tina was contacted by Rev. Karl Shadley, co-pastor of Calvary Presbyterian Church, a multicultural English- and Mandarin-speaking congregation in Berkeley. They have a group of young people, mainly of Chinese heritage. They wanted to do a cross-cultural community-service project, and have connections in West Sac! So Karl remembered me, from my ministry preparation process in the Presbytery of San Francisco.

This was definitely a God-connection. And now, we will be doing this project with the youth group from Calvary Presbyterian, and Dan Meyerpeter and the Christian Volunteer Network, and also with youth from our Latino group. The project will include a visit to a migrant camp at Dixon, and a project which will benefit several Latino attenders who live in mobile homes. We will work alongside these members to install solar curtains - to protect their homes from the heat in summer and cold in winter. We also hope to add some beauty outside, with plants and flowers. Dan will organize a mini-kids' day at a trailer park, with fun and food and a gospel message for the kids. The Calvary group will attend our Spanish-language service on Sunday evening, and we will finish off by debriefing our cross-cultural experience. During all of this, we will be providing the Chinese youth with a chance to enjoy wonderful Mexican food! Please pray for this time – that it may be used for God's amazing purposes!

**UPCOMING:** Monday, Oct. 31, Trunk or Treat – with a special Mexican Day of the Dead "altar"

Wednesday, Nov. 2, 6:30 pm – Mexican Day of the Dead celebration, mainly in Spanish

Tina Torres, Aug. 23, 2011



## History of the Trinity Quilters

The Trinity Quilters, after 20 years, are retiring!!! We started with a dozen members in 1998, and are regrettably retiring with three members. We are presently selling tickets for our final quilt that will be raffled off at the concert September 21<sup>st</sup>. It has been fun and we have raffled off 20 quilts to supplement various projects for Trinity and the community but there comes a time in everyone's life to slow down and head for the rocking chair!

Through the years we have purchased brass lettering for the cross, two stoves, a refrigerator, café tables, lounge chairs and carpet for the café, as well as baby quilts for new mothers in our church family, and donated funds toward various other Trinity projects. We also helped other ladies in Trinity who were making quilts for needy children in our community and hospitalized veterans.



# Backpack Project Update



Thank you for participating in our annual Backpack Project and making it a success! We provided *50 filled backpacks* to Bryte Elementary School and *36 gently used uniform items*. Bryte Elementary was very thankful for our continued support. We also provided *10 filled backpacks* to Trinity families.

We are not able to use red or black backpacks due to the gang influence in West Sacramento, but the 5 red backpacks received were filled and donated to Sleep Train's Foster Child Backpack Project. Sleep Train extended thanks to our church.

We were fortunate to have a budget this year that allowed us to purchase 40 backpacks with some remaining funds. Backpacks for next year will be purchased with these remaining funds. The other 25 backpacks were donated. *Thank you to all listed below for contributing cash, backpacks and/or supplies.*

Noela Goeden, Sandra Puckett, Pat Terry, Cathy and Dale Davis, Nancy Hendrickson, Gloria and Will Curtis, Karen Smith, Betty Sokolich, Joy Ann Merwin, Linda Brooks, Joel Avila, Bonnie and Andy Riches, Janice Williams, Esther Barnes, Jill Thom, Cora Hocker, Barbara Leach, Terri Davis and Dave Bolach, Jenni Durman, Cora Evans, Janet Bagdazian, Myrna and Errol Summy, Laura Singh, Karla Rasmussen, Carla Hanson, Judi Chiboucas, Vi Taylor, Nancy Caudle, Cathy and Ken Trott, Debbie Staley, Metha McDavid, The Custodio family, Kami Rasmussen, Sue Goodwin, Dana Clements, Pat Fritchie, Shannon and Joey Kelly, Luke Kelly, Matthew Kelly, Rhonda Hensley, Anna Perrine, Tina Torres, Karen Metcalf, Laris, and Jane Gentry.

Appreciation and Gratitude extended to all whom donated anonymously and to all who prayed for the project.

If you contributed a check directly to the church, your contributions will be listed on your church statement. If you donated cash to the project and requested a receipt, Jane Gentry has your receipt.

Paige Meyerpeter and Jane Gentry will be setting up a school supply closet in the Teen Room. We collected enough supplies to assist Trinity families during the school year. You are encouraged to continue to purchase and donate school supplies to the supply closet. Please contact Jane Gentry if you wish to know which supplies to purchase. Excess supplies will be used to fill backpacks for the next year.

In His Service,

Jane Gentry – Backpack Coordinator

## Update from your Board of Deacons



The recycling project is underway! We have two garbage cans in the lounge where we have our collection for clothes.

We have one can specifically designed for plastic or glass bottles, the other can is for aluminum cans.

The only containers that are accepted are beverage containers, soda cans & bottles, water bottles & water jugs.

They do not accept food containers or milk containers.

This program is just one way of helping supplement the important work the Deacons do for our church and community. On behalf of the Board of Deacons I thank you for your continued support and may God Bless you!



Karen Metcalf **Look for the symbols below on the cans.**



A big thanks to my family, friends, and the Deacons for sponsoring this fun and touching 80th birthday Party. I have been with Trinity for 44 years and have made many friends during that time, I want all of you who attended to know how much that meant to me. I have been reading and enjoying the memory sheets, thank you all for these great memories

Blessings to all of you,

Carl Metcalf





*“Code is the defining essence (DNA) of a church. Code acts as a filter for what the church is and what it becomes. A code screens and sifts, keeping out programs that do not fit the code while empowering, new ones that do. Code is like a magnet in that it attracts people who resonate with it and are eager to be part of a similarly committed community.” Kevin G. Ford author of Transforming Church*

### Together let's bring out the Good to get to the Great at Trinity!

Ten people (Wave Armijo, Linda Brooks, Dave Bolach, Terri Davis, Joe Goeden, Barbara Leach, Karen Metcalf, Robb Perinne, Errol Summy, and Kathy Trott moderator) met for ten weeks to tease out and unlock the Trinity Code. The group reviewed the work from the March workshop, studied the book “Transforming Church” by Kevin Ford, completed a survey, shared experiences, prayed and wordsmithed.

We give you the Trinity Code as it now stands. We ask you to read it, feel it, pray about it, test it out.

Does it ring true to you? Does this sound like Trinity to you?

#### **Trinity Presbyterian Church:**

- **A Spirit-filled, inclusive, caring Christian family answering God's call;**
- **Welcoming all, embracing and respecting differences, and loving neighbors with a servant heart.**

Drop off your thoughts and ideas at the office or email them to: [terri@tdaviscpa.com](mailto:terri@tdaviscpa.com). We will continue refine and Unlock the Trinity Code.



Trunk or Treat is coming soon



Mark your calendars! On October 31, @6:30 PM, we will be celebrating Trunk-Or-Treat! For those new to Trinity or unfamiliar with trunk-or-treat, every Halloween we provide a safe alternative to trick-or-treating by decorating car trunks and truck beds all loaded with candy for the children to “trunk-or-treat” at each vehicle. There will also be face painting and other fun stuff! Halloween is just around the corner and we need your help to make this year’s trunk-or-treat as successful as it has been in past years. Things we need; candy (you can begin to bring candy now), decorated car trunks as well as people to help plan and be there for the fun. If you are interested in helping with the planning, please contact Karen Metcalf @402-3528. We would like to fill up the front (21) spaces in the front parking lot with decorated car trunks. Please keep the decorations “kid friendly”, nothing scary, as this event is aimed for small children too! If you would like to decorate your trunk, but are not able to provide candy, let Karen know. Help keep Halloween safe for our children, and have some fun at the same time Everyone is welcome!

### ***BLESSED TO BE A BLESSING***

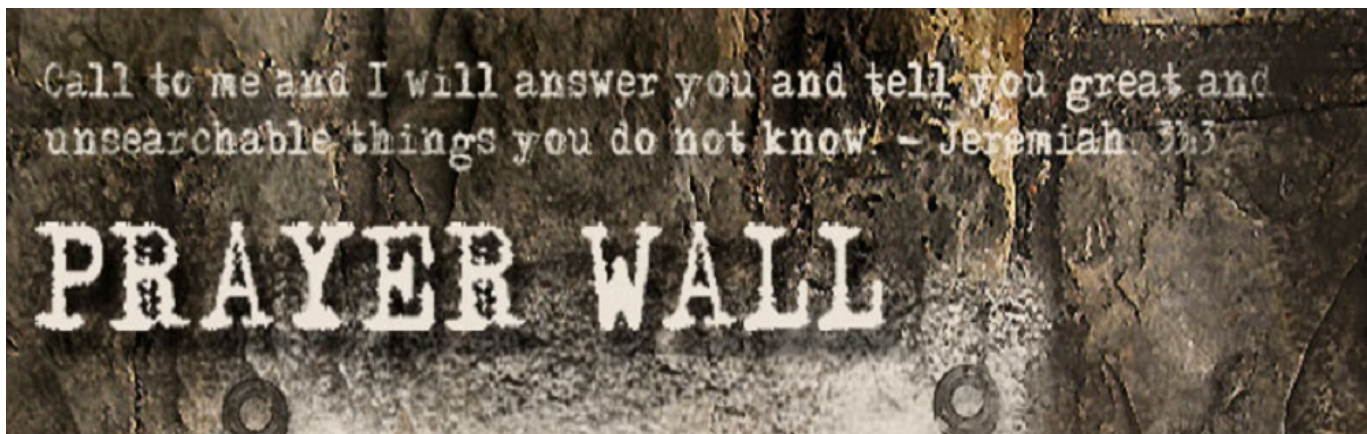
The office felt a need to have “Mini Meals” to bless people who come by for assistance. The Deacons have generously agreed to supply the items for these blessing kits. You may also have appropriate items for these kits. If you have any of the following items you can share, please drop them by the office on Tuesdays through Fridays from 9:00 – 3:00.

#### **Basic items needed:**

- |                                       |                            |
|---------------------------------------|----------------------------|
| Healthy granola bars                  | Individual boxes of cereal |
| Protein bars                          | Individual applesauces     |
| Individual boxes of raisins           | Individual pudding cups    |
| Individual packages of nuts           | Gum                        |
| Individual packages of snack crackers | Hard candy, suckers        |
| Small bottles of water                |                            |



We will also accept and use where appropriate: tooth brushes, small toothpastes, small packages of tissue, travel size lotions and shampoo, and chap sticks.



Sunday September 11 is the tenth anniversary of the 2001 attacks on the United States. People came together after 9-11 to pray and worship.

A prayer wall will be built on Trinity's front lawn. We invite our church family and the whole community to stop by any time during that day and write a prayer for our country, world, and anyone they especially want to remember on 9-11. Our prayer team will then join with the community in these prayers the following week. An instruction sign will be at the wall along with paper & pencils. Come and invite a neighbor or friend.



## What God is Doing?



We thought we would share a few wow moments in the youth ministry. It has been an amazing summer and God is doing a lot in the lives of young people.

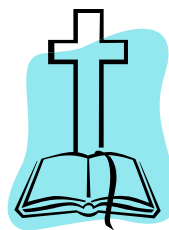
Austin, a junior, wrote a beautiful worship song that he has performed for the youth. He has also been leading the teens in worship on Wednesday nights with the help of Ali David. We are also very excited to have Austin share a message that he wrote on God's greatness. But Austin is not the only teen leader in the youth group. Others have planned games, shared testimonies, led bible study, and helped lead worship.

16 teens showed up on August 28 for the first Foundations meeting. This is a class designed to cover the basics of Christian spirituality. We will be meeting on Sunday nights and discussing topics such as prayer, Jesus' death, the church, and many more topics.

There have been several new and consistent teens attending over the summer. The youth room is packed with students having fun, seeking God, and worshipping together.

A big thank you to Felicia for interning with us during your summer break. You have been an amazing help and have made an eternal difference.

Paige and Dan



# Trinity Youth

## A Safe Place

Our youth group has a diverse group of teens from different family types, spiritual backgrounds, ethnicities, schools, and grades. Within this group, we have found that many of our students struggle with difficult family situations and often seek refuge at the church. It is a beautiful thing that teens see the church as a safe place to hang out and choose to be here whenever they can. You have probably noticed that many sit outside and talk during the Sunday services. We encourage the youth to participate in the services, but we are okay with them being here even if they do not go inside. God is using Trinity Presbyterian Church as a safe place for West Sac teens.

We pray that you would help us make the church this kind of place for teens. There are frequently teenagers hanging out at the church before youth group, or a Sunday service. This is a great opportunity to get to know them. One adult who does this is Shannon Kelly. Shannon often checks in with them as she cooks and has developed relationship with many of the students. Many of you have helped to reach out by offering rides home, introducing yourself, and being hospitable to the youth. God has brought these specific teens to our congregation to minister to, let's continue to make it a safe place.

Paige Meyerpeter



## FALL F.I.R.E. - SEPTEMBER 28

6 p.m. Family dinner for All!

Fan the fires of your faith at 6:30 after dinner.

- Nursery Care for infants to 4 years old
- The Sparks for 4 years to 1<sup>st</sup> grade in Room 4.
- The Flames for 2<sup>nd</sup> to 4<sup>th</sup> grade in Room 6.
- Midpoint middle school group for 5<sup>th</sup> to 8<sup>th</sup> grade in Room 12.
- High School Youth group for 9<sup>th</sup> to 12<sup>th</sup> grade in Room 9.
- Fuego Spanish Bible Study in the Sanctuary
- Adult speakers and studies in Café and Lounge

Jeremiah 20:9

But if I say, "I will not mention his word or speak anymore in his name," his word is in my heart like a fire, a fire shut up in my bones.

I am weary of holding it in; indeed, I cannot.

## Sparks & Flames

(K-1<sup>st</sup> graders)

(2<sup>nd</sup>-4<sup>th</sup> graders)



Jump back into the FIRE this fall when we resume on Wednesday, September 28<sup>th</sup>!! We have new programs with science, games, drama, art AND music! Come see what's in store for fun and bring a friend!

Contact Melinda Quick ([melindaquick@yahoo.com](mailto:melindaquick@yahoo.com)) or Sue Goodwin ([slgoodwin@yahoo.com](mailto:slgoodwin@yahoo.com)) if you have questions.

*"Trust in the Lord with all your Heart and Lean not your own understanding. In all your ways acknowledge Him, and He will make your paths straight; Do not be wise in your own eyes. Fear the Lord and shun evil. This will bring Health to Your Body and Nourishment to your Bones!" Proverb 3: 5-8*

**Quote of the Day:** Colin B. 11yrs.

*"when you carry a Bible, the devil gets a headache. When you open it, he collapses. When he sees you reading your Bible, he faints. When he see's you living it, he flees!*

*And Just when you are about 2—repost this, he will try discourage you. I just Defeated him!*

## **Help Wanted - "Sunday Servants"**

### **Sunday Servants Needed**

**If you are being called to this very important (and fun) ministry to help, Bring your talent to us!**

Sunday Service at 5pm ( help) email to judi: [judisierra@sbcglobal.net](mailto:judisierra@sbcglobal.net)

Media Desk (help) email to Terri: [terri@tdaviscpa.com](mailto:terri@tdaviscpa.com)

Help in the kitchen call Karen Metcalf at (916) 371-5964

### **Here is a helpful "List for Life":**

The most destructive habit.....Worry  
The greatest Joy.....Giving  
The greatest loss.....Loss of self-respect  
The most satisfying work.....Helping others  
The ugliest personality trait.....Selfishness  
The most endangered species...Dedicated leaders  
Our greatest natural resource.....Our youth  
The greatest "shot in the arm" .....Encouragement  
The greatest problem to overcome.....Fear  
The most effective sleeping pill.....Peace of mind  
The worst failure disease.....Excuses  
The most powerful force in life.....Love  
The most dangerous pariah.....A gossip

The world's most incredible computer.....The brain  
The worst thing to be without..... Hope  
The deadliest weapon.....The tongue  
The two most power-filled words....."I Can"  
The greatest asset.....Faith  
The most worthless emotion.....Self-pity  
The most beautiful attire.....SMILE!  
The most prized possession.....Integrity  
The most powerful channel of communication.....Prayer  
The most contagious spirit.....Enthusiasm  
The most important thing in life.....GOD

## Staff Appreciation Day !

Sunday, October 9, at 10:30 AM

*A Day to say Thank You to our Trinity Staff.*

*We want to ask those who would like to participate, to bring a card, small token, etc .for all Staff Member's & volunteers whom donate their time and talents to work and serve Trinity. In between services cake & normal refreshments will be served.*

*We Thank You!*



### Baseball Wrap-up

Thank you to everyone who purchased or donated River Cats tickets!! Approximately 36 members of the "Trinity Family Choir" led the singing of "God Bless America" during the seventh inning stretch and at least 60 people from Trinity attended the game. We sold 94 tickets and raised more than \$200 for our scholarship funds. It was a great evening of fun and fellowship for a terrific cause!

Thank you and muchos gracias!!

**Alpha Schedule for Winter 2011** ( Each Meeting begins with dinner at 6:00Pm)

8/28 Christianity: Boring, Untrue, and Irrelevant?

9/11 Who is Jesus

9/25 How Can I Be Sure of My Faith

10/2 Why and How Do I Pray

10/9 Why and How Should I Read the Bible

10/16 How Does God Guide Us?

10/22 (*Retreat*) Intro to Weekend:

*Who is the Holy Spirit ,What Does the Holy Spirit Do?, How Can I be Filled with the Holy Spirit?, How Can I make the Most of My Life?,*

10/2 How Can I Resist Evil?

10/30 Why and How Do I Tell Others

11/6 Does God Still heal Today?

11/13 What About the Church

**TBD Celebration Dinner**



# Alpha

ALPHA\* is for anyone who is interested in learning more about being a Christian in today's world - is Christianity relevant? Why should I believe? What does it mean if I do? What if I have questions? If you've thought any of those things, ALPHA is great for you. Questions are welcome! We will eat and talk together to explore what it means to be a Christian. No commitments or public proclamations required - just come and explore!

Alpha meets on Sundays at 6PM in the cafe. The course begins on September 11-November 13 (off on Labor Day weekend). There is no charge and no commitment is necessary, we just need to have enough food for everyone. Childcare is available - just let us know how many kids and what ages they are. Let us know if you're planning to come -- [alpha@trinitywestsac.org](mailto:alpha@trinitywestsac.org).

\*Besides being the first letter of the Greek alphabet, ALPHA stands for: (All are welcome, Laughter & learning, Plenty of good food, Helping each other, Ask Anything!)

Trinity Presbyterian Church

916.371.5875 or [www.TrinityWestSac.org](http://www.TrinityWestSac.org)

**September, 2011**



Dick Gould	September 1	Kayla Serrao	September 1
Melissa Garrick	September 2	Emily Serrao	September 15
Haylee Potter	September 3	Taylor Marsh	September 17
Lariana Caldeira	September 3	Marv Goodwin	September 18
Kayla Surawski	September 3	Marilynn Allen	September 19
Robb Perrine	September 19		
Laura Singh	September 4	Isabella Phelps	September 19
Abby Morazzini	September 6	Eric Price	September 19
Sierra Montano	September 7	Ashley Sifers	September 19
Hayden Crews	September 8	Carol Onalfo	September 20
Ryan Dishman	September 10	Adam Schafer	September 20
Bobby Hocker	September 10	Isabella Backus	September 21
Rick Kester	September 10	Etheyl Hayes	September 22
Lori Schlunegger	September 10	Katie Hansen	September 23
John Painter	September 11	Kali Moss	September 24
Kylie Taff	September 11	Jeanne Drummond	September 24
Gaby Kojima	September 12	Evelyn Rose	September 24
Joe Faith	September 14	Matthew Keeler	September 25
Jessica Gidlof	September 14	Lee Wallinder	September 26
Sue Stockdale	September 14	Elijah Dismukes – Hilton	September 28
Judy Coogan	September 15	Audrey Johnson	September 29
Ryan Dobson	September 15		

# Summer at Trinity



**TRINITY PRESBYTERIAN CHURCH**  
**1500 Park Blvd**  
**West Sacramento CA 95691**

**Office Hours: Monday - Friday**  
**9:00 a.m. to 2:00 p.m.**  
**Phone: 916.371.5875**

**WWW.TRINITYWESTSAC.ORG**

**OR**

**EMAIL:**

**INFO@TRINITYWESTSAC.ORG**

**Church Staff**

**Interim, Interim Rev. Dr Thomas Smith**  
**Rev. Tina Torres, Pastor of**  
**Latino Ministries**

**Debra Johnston, Pastoral Care/**  
**& Prayer Coordinator**

**Boris Karpuk, Music Director**

**Eleanor Whitney, Choir Director**

**Dan & Paige Meyerpeter, Youth**  
**Leaders**

**Karen Metcalf & Carol Onalfo**  
**Office Volunteers**  
**Trinity Press Co-Editors**

**And Many, Many Volunteers**

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***TRINITY'S VISION STATEMENT***

***Trinity Church is a Spirit-filled, loving, and life-transforming community of believers, who experience Jesus Christ and grow in faith together, challenging each other to serve with compassion and creativity. In response to God's grace, we bring the hope of life in Jesus Christ to the community and the world, inviting them to join us on this journey of discipleship.***

