



Trinity Press ~ October 2009

Sunday Worship Services

9:00 a.m.

Family-friendly

Contemporary

* * * *

11:00 a.m.

Blended Service

* * * *

Kids class & loving childcare
at all worship services

* * * *

5:00 p.m.

“Last Call”

Casual

Contemporary



Trunk or Treat



Halloween is Coming and Trunk or Treat is back! Saturday, October 31, 6:00pm to 8:00pm

Bring your children, grandchildren, nieces or nephews to Trinity for a **safe, fun environment** without the scary that is often a big part of Halloween. For those who may not have children at home, come out and help with the activities, it really is rewarding to be a part of something that takes the danger out of Halloween!

Read all about it on page 7

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Is there more to life than this?
alpha.org

THE ALPHA COURSE

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What's going on in our church?

The Really Good News: Trinity's ministries are lean and mean, but God has been doing amazing things through them. You may not know that over 30 teens now regularly come to youth group on Wednesdays. You may not know that people's hearts and lives are being changed at Alpha. You may not know that 5-7 people will be baptized at the church retreat.

You may not know that there are teen Bible studies meeting every week at the Nugget shopping center near the new high school. You may not know that people tearfully describe the difference our "Out of the Box" food ministry has made in the lives of individuals and families. You may not know that three new families participated in the summer music and drama program. You may not know that people routinely comment that Sunday worship at Trinity gives them peace in the present, hope for the future, and tools for life. Or that people regularly come on Sunday nights after Last Call for prayer and compassion. We don't have enough paper to list every way that God is changing lives through the people of Trinity. Some very, very good things are happening.

The Challenge: Those of you who have been around the church the last few weeks have heard about the tough financial times that Trinity is facing. At the end of June, we were only down a relatively small amount for the year. Expenses and income were close. But in July, we took a big hit and were down almost \$9000. That's most of our savings! Then Esther, our treasurer, reported that August had started off even worse and we were in danger of using all of our savings by early September. Ouch! Rob Armijo, the chairman of the church's stewardship team (the group of people who help the members of our church share their money and their time and talents) addressed the congregation. In response, we received three gifts above people's normal giving, totaling \$2500. Because of those gifts and increased giving by the rest of the congregation, we only fell short another \$1300 or so in August. Some have lost jobs, State workers took a big pay cut, and some church members have moved so we don't really know what the new giving rate will be yet. We have already cut expenses this year by over \$5800 from the budgeted amounts, and we continue look for ways to save, but one of two things will probably have to happen – or maybe a combination of both.

Some Possibilities: Possibility 1 is that people who have financial resources will choose to give more to take up for what others can no longer give – at least in the short term. That one would let us keep our staff and program budgets. Possibility 2 is that we will have to make dramatic cuts – probably mostly in staffing since that's where the dollars are. Pastor Tina's half-time position is paid for with grant money and we have a two-year contract for that so the Latino Ministry is safe. But Karla, Joe, Sue, Debbie, Dan, and I (only Karla and I have more than 20 hours/week) receive our paychecks from your giving. We don't have a lot of staff for our size so any cuts in staff would require a new level of giving from the congregation's time and talents. The congregation would have to step up and pick up the ministry coordination tasks that are currently being done by staff. Personally, I'd love to see increased giving *and* increased service. Can you imagine what God could do through our church with the staff intact and a big group of Christians using their gifts for God's glory? I don't know what God's plan is, but I don't think it's God's will to let our ministries drop. Too many good things are happening. Too many would be harmed if we didn't do what we do. Maybe you have another idea? Let your me or session know!!! And please don't forget to pray.

Learn More: We have a congregational conversation coming up on October 4 from 12:30 to 2:30 p.m. in the Trinity Café. I've heard a lot of confusion and concerns lately so we're going to try to address those. Come and hear why we have made the decisions we've made over the last couple of years. Ask the session members questions. Discuss the possibilities with others. Please plan to come!

Trusting and Serving God with You,



Pastor Steve

Got thoughts? Post a comment on Trinity's weblog at blog.TrinityWestSac.org



LATINO CORNER / ESQUINA LATINA

Spanish for Gringos – there's still time to join the group - on **Sundays at 4:00 pm**, in Rooms

4-5-6. Lori Schlunegger, a local school teacher of bilingual students, is leading our series. It's designed to be practical and fun and to focus on learning conversational Spanish.

Speaking of Spanish...

Have you ever wondered, "How can I welcome Spanish speakers with 3 easy phrases"? Well, here they are:

While extending to hand to shake theirs...

- *Hola. Yo soy (your name).* Hi, I am _____.

- *¡Bienvenido!* Welcome!

- *¡Bendiciones!* Blessings!

Say it with a smile and you'll make someone's day, and maybe yours too!

World Communion Sunday – Oct. 4. Join us for our bilingual worship service. We'll celebrate this important date together with Presbyterian and other Christian churches around the world. We'll include elements in Spanish, but you don't have to speak it to enjoy it!

Now, for our Spanish speakers (and to share with any other Spanish speakers you know...)

EN TRINITY HABLAMOS ESPAÑOL

Queridos amigos/amigas: Los invitamos -

- **los miércoles** a las **6:00 pm** - **NOCHE DE FAMILIA**

Cena a las 6:00 pm y luego actividades para todos:

- * adultos - estudio bíblico en español y apoyo mutuo
- * jóvenes – grupo de jóvenes, en inglés, y con jóvenes latinos/as
- * niños/niñas - grupo de música y drama – y cuidado infantil.

● **los domingos**, en el culto de adoración de las **11:00 am**, por lo general hay interpretación al español. Y si no, ¡pueden practicar su inglés!

¡Esperamos tener la oportunidad de servirles en el amor de Cristo!

Un abrazo,
Pastora Tinita Torres
Tel. 916-717-6668





Pastoral Self Care: *The Sacred Echo*

by The Rev. Jane Morrison (with Debbie Johnston)

I (Debbie) have just returned from a two-week vacation in Montana. My pastoral mentor there, Rev. Jane Morrison, writes a weekly minister's column for her local newspaper. Her most recent article was quite helpful, so I have asked her permission to print an abbreviated form of it here.

The Sacred Echo is a book by Margaret Feinberg, published by Zondervan. One Internet reviewer describes the contents of this book:

"The Sacred Echo challenges readers not to listen for the seemingly distant voice of God as much as to listen for the echo. When God really wants to get your attention, he doesn't just say something once, he echoes. He speaks through a Sunday sermon, a chance conversation with a friend the next day, or even a random email. The same theme, idea, impression, or lesson will repeat itself in surprising and unexpected ways until you realize that maybe...God is at work. As God's voice echoes to us, we are invited to echo back to him in prayer. We are invited to be persistent and tenacious, not only in the things we ask, but also in our desire for a relationship with [him]."

I (Jane) find this an interesting, helpful idea: calling God's repeated, reinforcing messages "echoes." God is with us and wants to communicate with us, but many don't know how to listen for his voice.

I (both Jane and I) have found that when a person comes to mind repeatedly over several days, we are meant to get in touch with that person. Usually the person is in need of a call and grateful for it. One time I (Jane) phoned a friend who had moved far away, just to say hello and to ask how she was. Sighing heavily, she exclaimed, "You don't know how much I needed this call today!"

One pastor was very troubled by the "mixed" nature of his congregation. Many appeared to be truly heartfelt believers, but others seemed to consider their church membership as lightly as membership in a social club. The pastor continued being troubled till one day, while looking through the New Testament for something else, he came upon the Parable of the Wheat and the Tares (weeds).

A farmer sowed good seed in his field, but an enemy sowed weeds. At harvest, the workers asked him, "Do you want us to go and gather them?" "No," he said, "for in gathering the weeds, you would uproot the wheat along with them. Let both of them grow together until the harvest; and then I will tell the reapers, 'Collect the weeds first and burn them, but gather the wheat into my barn.'" (Matthew 13)

Twice in the following three days this parable came to the attention of the searching pastor. He finally concluded God was saying, "Don't be troubled by the presence of those who appear to be unbelievers in the congregation. Just keep planting the seed of my Word faithfully. I will sort it all out later."

God's "echoes" can guide us if we know they exist, realize they are truly meant for our guidance, and follow them.

October and November Message Series: "Who Is Jesus? His Own Words"

In October and November, we'll be looking at the "Seven I Am Statements" (7 I AM) in the John's gospel. These are the places where Jesus told those around him who he is. They can also tell us who Jesus is and what that means in our lives today. Here's the planned schedule:

- October 4 – Who Is Jesus: The Bread of Life (John 6:35)
- October 11 – Who Is Jesus: The Light of the World (John 8:12)
- October 18 – Who Is Jesus: Door of the Sheep (John 10:7)
- October 25 – Who Is Jesus: The Good Shepherd (John 10:11)
- November 1 – Who Is Jesus: The Resurrection and the Life (John 11:25)
- November 8 – Trusting Jesus: Letting Him Take Control
- November 15 – Who Is Jesus: The Way, the Truth, and the Life (John 14:6)
- November 22 – Who Is Jesus: The True Vine (John 15:1)

We will also be studying Jesus' words in small groups and at Wednesday FIRE. There's more here than meets the eye, and you will find yourself blessed by what Jesus wants to tell us.

Trinity's October "Psalm of the Day" Schedule

The Psalms were the prayer book of the people of Israel, and praying the Psalms is an ancient Christian tradition. **Start or end each day by reading the "Psalm of the Day"** (it's even better if you read aloud) and then talk to God about whatever comes to mind. Along with your own needs and the needs of those close to you, be sure to pray for your church family as well as God's calling and provision for our church and the needs of the community around us. Some of us looked at the Psalms on our church retreat – and whether you went or not, this is a great way to get to know them. Here's our reading and praying plan:

10/1 Psalm 26	10/12 Psalm 37	10/23 Psalm 48
10/2 Psalm 27	10/13 Psalm 38	10/24 Psalm 49
10/3 Psalm 28	10/14 Psalm 39	10/25 Psalm 50
10/4 Psalm 29	10/15 Psalm 40	10/26 Psalm 51
10/5 Psalm 30	10/16 Psalm 41	10/27 Psalm 52
10/6 Psalm 31	10/17 Psalm 42	10/28 Psalm 53
10/7 Psalm 32	10/18 Psalm 43	10/29 Psalm 54
10/8 Psalm 33	10/19 Psalm 44	10/30 Psalm 55
10/9 Psalm 34	10/20 Psalm 45	10/31 Psalm 56
10/10 Psalm 35	10/21 Psalm 46	11/1 Psalm 57
10/11 Psalm 36	10/22 Psalm 47	11/2 Psalm 58

Merry Christmas!

Calling all Kids!

Yes believe it or not

Tis the Season to get

Ready for our Christmas Eve production.

Kids Choir, Cherub Choir and Drama Team

Will start practicing for our Christmas Eve

Production on

Wednesday October 7th at 6:30 p.m.

Come join us in creating

Some Holiday magic!

Singing * Acting * Set Design

Grab your Christmas Spirit

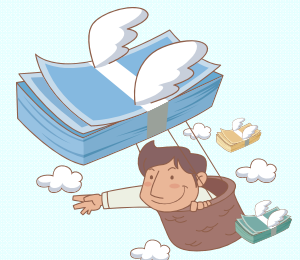
And join us for some

Festive Holiday Fun!



A note from Stewardship: Your stewardship and finance committees want to keep you updated on how things are going. These figures represent the churches finances through the end of August.

August YTD Income	\$250,843.78
August YTD Expenses	<u>\$260,928.40</u>
Short-fall	-\$10,084.62





Trunk or Treat is back This Halloween!

Saturday, October 31, 2009

6:00 p.m. – 8:00 p.m.



We will be having our **3rd annual Trunk or Treat.**

This is Trinity's way of keeping our children safe without taking away the fun of trick-or-treating.

We have many opportunities for you to help make this year as successful as the past.

There are 21 parking spaces in front needing a car trunk decorated in safe fun Halloween decorations (nothing scary please, we are doing this for children ages infant on up). For those of you that enjoy decorating, use your gifts by helping people that want to donate the use of their car trunk but aren't able to decorate it. We need a lot of candy so we are accepting candy donations now through Halloween. There will be a sign up posted in the lounge with all of the opportunities listed, pick out the one that best suits your gifts and talents. I have been involved in this since it started and like kids fun day, we have a lot of fun and it is very rewarding!



If you need more information or you want to be a part of this event, please call Karen Metcalf @402-3528 or sign up in the lounge.



Get your Group On!

Small groups are available for you at Trinity.

Check out our web page www.trinitywestsac.org/groups for more information about joining or starting groups.

Hand outs will also be available in the Narthex.

Discussion guides for groups will be available for the "7 I AM Statements of Christ" sermon series in October/November posted at www.trinitywestsac.org/groups or pick up a handout in the Narthex.

Couples Communication Course In October,

our couples group will be looking into a curriculum called Couplehood. The focal point is communication--specifically, creating a systematic dialogue between partners so that conversations don't become conflicts.

What if we could actually learn something from our conversations instead of walking away empty handed?

Come and see what it's about Saturday, October 3 in the cafe at 1 PM.



THE ALPHA COURSE

Alpha is a course for everyone who thinks there may be more to life than meets the eye. At an Alpha course people explore the Christian faith in a relaxed setting over ten thought-provoking weekly sessions, with one retreat Saturday. It is a great opportunity for those investigating Christianity, new Christians, or

Christians interested in deepening their relationship with God. It is a low-key, friendly and fun course supported by all the main Christian denominations. People attend from many different backgrounds, religions and viewpoints.

Alpha is a 10-week program for those who wonder:

- Who is Jesus?
- Why Did Jesus Die?
- How Can I Be Sure of My Faith?
- Why and How Should I Read the Bible?
- Why and How Do I Pray?
- How Does God Guide Us?
- Who Is the Holy Spirit?
- How Can I Be Filled with the Spirit?
- What Does the Holy Spirit Do?
- How Can I Resist Evil?
- Why and How Should We Tell Others?
- Does God Heal Today?
- What About the Church?

The Alpha course begins on October 4, 2009 at 2:30 p.m. and be held every Sunday from 2:30 to 5p.m., with the exception of the weekend of Thanksgiving. Dinner and childcare are provided free of charge to all participants. The classes build upon each other so we allow people to try a class for the first three weeks and then participants are asked to commit. R.S.V.P. to either alpha@TrinityWestSac.org or (916) 371-5875

CONGREGATIONAL CONVERSATION AND MEETING

On Sunday, October 4, from 12:30 to 2:30 p.m., we will have our second lunch and “congregational conversation.” This time, we will begin with a short congregational meeting to elect people to fill unexpired terms on the nominating committee and the board of deacons. Then, after lunch, Pastor Steve will make a presentation to address concerns he’s been hearing about why church leaders have made some of the decisions they have made over the past year or so. Then we will have an open question and answer time with Session, followed by a chance for you to discuss some of the issues that the church faces. You’ll even get to discuss Esther Ehrlich’s fundraising idea for future building, land, and/or expansion – to be unveiled that afternoon. Please come! We cannot be effective in the mission God calls us to unless we are united! Childcare will be provided.

Wanted!



As our church grows, so does the number of children we have in Sunday school and in the nursery. We have some wonderfully dedicated teachers and childcare providers, but we need to add to our team to keep up with the growing numbers of kids! Join some of the “veterans” to find out more

about how **YOU** might be able to help on

Saturday, October 3rd from 10:30 until noon.

We’ll do some general training, discuss background checks and hear from some folks who’ve “been in the trenches”. *Please DON’T be intimidated!* We need lots of folks who just enjoy getting to know kids and to see them grow – not everyone is called to be the lead teacher, but just about anyone can have a meaningful relationship with a child which helps them learn about God’s love. This is also a wonderful opportunity to help our church meet the budget by having volunteers help out with childcare rather than having to pay folks to do this **rewarding** work!

Contact Sue Goodwin if you have questions.
(717-5299) or Sue@TrinityWestSac.org

Join us for F.I.R.E. in October!



Fan the flames of your faith in the middle of the week!

Join us on Wednesday evenings for dinner at 6:00 p.m. and a time of discussion and getting to know others in a deeper way. During October, the adults will have some small groups that will follow along with the sermon series discussions (and it's okay to come even if you haven't heard the sermon!) and we'll offer a class especially aimed at our seniors about "Leaving a Legacy" and telling your faith story. Kids' Choir and Drama Club will rehearse from 6:30 to 7:30 and childcare is provided.

We've got kid-friendly menus, so families are welcome!

(Suggested contribution is \$3 per person and \$10 per family, but we want YOU there more than your money, so please come even if you can't contribute!)

October 7th will be Macaroni & Cheese

October 14th will be Spaghetti

October 21st will be Hot Dogs

October 28th will be Pizza

We still need some kitchen helpers, so if you'd be willing to join a crew once per month, contact Sue Goodwin at 717-5299 or Sue@TrinityWestSac.org

Having YOU there is the SPARK we need!

HOW WE TREAT EACH OTHER AT TRINITY

At Trinity, our standard is to show respect to all people. That means not violating other's boundaries – for example, if someone doesn't want a hug, don't hug them. It also means listening for the value in what others have to say. Finally, we seek to refrain from using stereotypes and acting on prejudice. If something *does* happen to you or if you witness something that's wrong, please don't go away in silence. Tell the pastors or staff so that we can address the issue and create a safe environment. You are an important part of the Body of Christ – created in the image of God.



REMEMBRANCE SUNDAY

November 1, 2009

This is the day we will remember those who have passed on over the last year by reading their names at each service. If you have a family member or friend who has passed away since **November 2008** and you would like to remember that person, please complete the following and put it in the collection plate or return it to the church office no later than October 26th.

I AM: _____ MY PHONE # IS: _____

PERSON I WANT TO REMEMBER _____
(PLEASE PRINT NAME)

_____ RELATIVE OR _____ FRIEND

These names will be read at each service on Remembrance Sunday.

Couplehood: The Imago Path To Love

Couplehood: The Imago Path to Real Love is a program developed by Drs. Harville Hendrix and Helen LaKelly Hunt that explores these questions and teaches how to protect, nourish and transform our relationship into an enduring and fulfilling connection.

- ♥ Why do many of us live with loneliness?
- ♥ How can we protect our relationship from becoming another statistic?
- ♥ What can we do to keep our love energized?

Based on the best-selling book *Getting the Love You Want: A Guide for Couples*, some of the concepts you will learn include:

- ♥ Uncovering the purpose of attraction
- ♥ Fulfilling the purpose of conflict
- ♥ Making the space between a priority

This program will help you shift how you feel about yourself, your partner, and the whole of your life. By helping you take responsibility for how you live and love, Couplehood will help you move from striving toward connection with your partner to being connected. Starting in October, our Couple's Group will be meeting at 6p.m. on Fridays to explore this curriculum on marriage at Trinity Church, 1500 Park Blvd in West Sacramento. Our friend Dr. Tom may guide us through a couple sessions in order to clarify a few key points. If you are interested in participating, please save these dates on your calendar: October 9, 13, 20, 27, November 13, 20. Date Nights are October 2 and November 6. If you would like more information, contact stevenalishadavid@gmail.com

or contact the church office at 371-5875.

For more resources and information about marriage, check out Sacramento Marriage Project at

<http://www.sacmarriage.org>. If your relationship has more urgent needs, please meet with a pastor for prayer and to discuss resources. Contact the office at (916) 371-5875 to schedule an appointment.

kIdS' cHoIr & dRaMa cLuB ("kc/dc") October 2009 News

Debbie Johnston, Coordinator of Trinity's Children's Arts Ministries

Dear kC/dC families,

Our Fall schedule will culminate with our **Christmas Eve musical (*Legacy of Love*)** to be performed at the 5 p.m. service on Christmas Eve and a **Three Kings mini-musical on Three Kings' Day, January 6th**, but before that, we'll be **singing carols at the West Sacramento Tree-Lighting ceremony on December 1st**

The Name Game: We have changed the name of our kids' performing arts ministry to "kC/dC," which stands for *Kids' Choir & Drama Club*. We have also renamed our choirs: The **Junior Kids' Choir** (formerly known as the Cherub Choir—ages 2 $\frac{1}{2}$ -6), is directed by Melinda Quick and meets from 6:30-7:00 p.m. Wednesday nights in **room 4**. The **Senior Kids' Choir** (ages 7-11) directed by Debbie Johnston, Nancy Faith and Kim Sharon, meets from 6:30-7:30 p.m. Wednesday nights in **room 6**.

What we will learn this year:

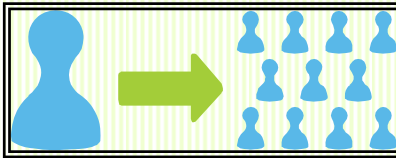
- *Basic vocal production skills
- *How to:
 - *read notes on the treble clef
 - *read whole, half, quarter, & eighth-note rhythms
 - *play simple rhythm instruments
- *Physical coordination through rhythmic movement & **American Sign Language**
- *Group social and performance skills
- *Basic oral interpretation, improvisation, and drama skills
- *Exposure to multi-cultural music in **languages other than English**



Something New! Not every child wants to develop their singing skills, so we are including expanded dramatic opportunities through short skits that may be performed during Trinity's worship services, at RiverBend (the SNF Trinity serves in West Sacramento), or at other Trinity events. The dates for these performances are not yet fixed, so keep watching the calendars in Trinity's Bulletin and Newsletter.

October 4th is our **first performance** during both morning services on **World Communion Sunday**. We will sing two songs: one in Spanish, and the other in Hebrew. **October 7th** we begin rehearsals for our Christmas Eve musical. We look forward to new faces as we begin our fall term.

Any questions? Call Ms. Debbie at Trinity's office at 371-5875 or email her at Debbie@TrinityWestSac.org. **COME JOIN THE FUN!!**



Are you hungry for a way to connect with more people your own age?!

Try "Manna" at Trinity!

Manna is a group of 20-somethings who gather for several different activities through the month and there are different people who come every time so *newcomers are always welcome!*



Here are just a few ideas of ways to connect that you could try:

The second Saturday of each month is "Caffeinated Christianity".

We meet at Starbucks (on Lake Court in West Sacramento) to get to know each other better and to do a light study and discussion.

It's a great opportunity to meet a few people and chat over a cup of something. And the coffee's on us! **Our next gathering is October 10th**

(Contact Sue Goodwin: 916-717-5299 or Sue@TrinityWestSac.org for more information.)

If "*digging a little deeper*" is more your style, there is a

Young Adults' Bible Study Group that meets most Monday evenings at 7:30 p.m. in the home of Steve and Ali David. We meet each Monday - please join us!



(Contact Steve or Ali at 916-712-2615 or runawayreeds@yahoo.com for details.)



If you're looking for ways to serve, join the young adults and the youth on the fourth Saturday of each month in feeding the hungry. We meet at Trinity on Friday evenings from 7:00 to 9:00 p.m. to prepare the food and then on Saturday mornings we meet at 8:45 a.m. to take the food near Loaves & Fishes in Sacramento and we are back by about 11:00. Come for Friday or Saturday or both!

(Contact Dan Meyerpeter at 806-206-2400 or djmeyerp@yahoo.com for details.)

And we have "Just for Fun" events too!

Check out www.trinitywestsac.org and look at the church calendar for updates.

If you've received this mailing and would like to get our e-mailed reminders, please give your contact information to the church office info@trinitywestsac.org OR e-mail

Sue Goodwin directly at Sue@Trinitywestsac.org

We want to connect with you in a meaningful way and to help you find ways to connect with others. Please find a connection that works for you and join us!

And more to come!

Youth Events for Fall 2009

Wednesday Nights 6:30-8:00 p.m.

Come to Youth Group. Have Fun, Hang out, Be Challenged.
Come learn about real life issues, see how God applies to YOUR life,
and get your questions answered.
Game Included. Junior and Senior High welcome

Growth groups

Guys meet at Southport Subway

Jr. High - Tuesdays at 3:00 p.m.

Sr. High - Thursday at 3:45 p.m.

Hang out. Learn about God's plan for your life. Get a Sandwich.

Girls meet at Southport Starbucks

Jr. High - Thursday at 3:30 p.m.

Sr. High - Thursday at 4:15 p.m.

Hang out. Learn about God's plan for your life. Get a Frappachino

Sunday School

Sunday Nights after Last Call Worship Service

Come Worship @5, Grow until 7



October 17th 5-9p.m. Corn Maze- Meet at the Church and travel to Dave's Corn Maze for this important Halloween tradition.

For more info contact Dan at Dan@TrinityWestSac.org or (806) 206-2400

Prayer Team Ministry Returns to Wednesdays, 5-6 pm

Debbie Johnston, Coordinator, Trinity's Prayer Team Ministry

There are **two opportunities** each week for you to join Trinity's Prayer Team Ministry in praying for individuals in our community as well as for the ministries of Trinity Presbyterian Church.

5-6 pm Wednesdays we meet in the Sanctuary to pray for the staff and ministries of the church. From 5:45 to 6 p.m. we pray for any urgent individual prayer concerns.

Urgent Care Prayer: 6:15-7:15 p.m. Sunday nights immediately following Last Call, we meet for Urgent Care Prayer. Think of this time as an open clinic for individual prayer concerns.

If neither of these times are convenient for you, make an appointment for private counseling & prayer by calling Debbie Johnston (Prayer Team Ministry Coordinator) at 371-5875.

The Rewards? Corporate prayer is a simple but very significant way to support the ministry and members of Trinity Presbyterian Church. As you pray for others, you'll be surprised to find your own concerns being met in unexpected ways. God loves and blesses his intercessors!



Prayer Time - Prayer Team

Trinity Presbyterian Church
916.371.5875 or www.TrinityWestSac.org
October, 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>4 9:00am Worship 10:15am Adult Bible Study 11:00am Worship 12:30pm Congregational Conversation 2:30pm ALPHA 3:30pm Good Grief 4:00pm Spanish for Gringos 5:00pm Worship 6:15pm Prayer and Healing 6:15 pm Teens Class</p>	<p>5 6:30pm Latino Mst. Mtg</p>	<p>6 11:00am Senior Exercise 3:30 pm Nursery Play Date 5:15pm Worship Committee Mtg 6:00pm Discipleship Mtg 7:00pm Destiny AA Rm4</p>	<p>7 12:00pm Bible Study 5:00pm Church Ministry Prayer 6:00pm FIRE 6:30pm Kids' Choir/Drama 6:30pm Youth Group 6:30pm Latino Bible Study</p>	<p>8 11:00am Senior Exercise 9:00am Quilters 4:30pm Trinity Staff Mtg 6:30pm Jujitsu Class 7:30pm Choir Practice</p>	<p>9 6:00pm Couplehood 7:00pm Scrapbooking</p>	<p>10 6:15 am Men's Fellowship 9:00am Jujitsu Class 10:00am Manna(Young Adults)</p>
<p>11 9:00am Worship 10:15am Adult Bible Study 11:00am Worship 12:30pm Conv. English class 12:30pm Out of the Box-- packing day 2:30pm ALPHA 4:00pm Spanish for Gringos 5:00pm Worship 6:15pm Prayer and Healing 6:15 pm Teens Class</p>	<p>12 9:30am Nursery Play Date</p>	<p>13 11:00am Senior Exercise 6:30 Stewardship mtg 7:00pm Destiny AA Rm4</p>	<p>14 9:30am Finance Mtg 12:00pm Bible Study 5:00pm Church Ministry Prayer 5:30pm Personnel Comm. mtg 6:00pm FIRE 6:30pm Kids' Choir/Drama 6:30pm Youth Group 6:30pm Latino Bible Study</p>	<p>15 11:00am Senior Exercise 9:00am Quilters 6:30 Out of the Box Distribution Day 6:30pm Praise Team 6:30pm Jujitsu Class 7:30pm Choir Practice</p>	<p>16 6:00pm Couplehood</p>	<p>17 6:15am Men's Fellowship 9:00am Jujitsu class</p>
<p>18 9:00am Worship 10:15am Adult Bible Study 11:00am Worship 12:30pm Conv. English class 2:30pm ALPHA 3:30pm Good Grief 4:00pm Spanish for Gringos 5:00pm Worship 6:15pm Prayer and Healing</p>	<p>19</p>	<p>20 10-11am Commodity (Food) Distribution] 11:00am Senior Exercise 3:30 pm Nursery Play Date 6:00pm Session Dinner 6:30pm Session Meeting 7:00pm Destiny AA Rm4</p>	<p>21 12:00pm Bible Study 5:00pm Church Ministry Prayer 6:00pm FIRE 6:30pm Kids Choir/Drama 6:30pm Latino Bible Study 6:30pm Youth Group</p>	<p>22 9:00am Quilters 11:00am Senior Exercise 4:30pm Trinity Staff Mtg 6:30pm Praise Team 6:30pm Jujitsu Class 7:30pm Choir Practice</p>	<p>23 6:00pm Couplehood 7:00pm Scrapbooking</p>	<p>24 6:15am Men's Fellowship 9:00am Jujitsu class 9:00am Teens/Manna feed the homeless</p>
<p>25 9:00am Worship 10:15am Adult Bible Study 11:00am Worship 12:30pm Conv. English class 2:30pm ALPHA 3:00pm Worship @ Riverbend 4:00pm Spanish for Gringos 5:00pm Worship 6:15pm Prayer and Healing 6:15 pm Teens Class</p>	<p>26 9:30am Nursery Play Date</p>	<p>27 11:00am Senior Exercise 6:00pm Deacons' Meeting 6:30pm Welcome Com. Mtg</p>	<p>28 12:00pm Bible Study 5:00pm Church Ministry Prayer 6:00pm FIRE 6:30pm Kids' Choir/Drama 6:30pm Youth Group 6:30pm Latino Bible Study</p>	<p>29 9:00am Quilters 11:00am Senior Exercise 6:30pm Praise Team 7:30pm Choir Practice 6:30pm Jujitsu Class</p>	<p>30 6:00pm Couplehood</p>	<p>31 6:00pm Trunk & Treat</p>



Camp
Wallaballa
Musical



Richard
March
Lawn
Concert



All Church Retreat
Zephyr Point - Lake Tahoe



Happy Birthday Wishes

OCTOBER BIRTHDAYS:

October 1	Ainsley Hallum
October 3	Jared Lewin
October 4	Jaden Garrick, Barbara Vickery
October 5	Carol Davis, Mickie Stinson, Jennifer Lewin
October 6	Tucker Massello, Fran Shriver, Anthony Schlie
October 9	Al Maich
October 10	Lori Custodio
October 11	Pat Fritchie, Monique Roybal, Tirzah Dove
October 12	Addy Armijo
October 13	Anna Perrine
October 14	Yuki Zhang
October 16	Barbara Maich, Joe O'Donnell, Margeret Sasere
October 18	Martin Barrett
October 19	Nola Goeden
October 20	Jacob Cypress, Samuel Small, Tammy Newell, Sabrina Thalman
October 21	Elise Quick
October 22	Chuck Caudle
October 24	Steve Fonbuena, Andrew Singh, Emma Morazzini
October 25	Citalli Jimenez, Samantha Massello, Amanda Lute
October 26	Barbara Madsen
October 27	Barbara Leach, Dick Huang
October 28	Shelby Tiewater
October 29	Judi Chiboucas, Karen Metcalf
October 30	Sauteauna Muck-Sasnett



TRINITY PRESS ELECTRONIC EDITION – SAVE \$\$\$ AND TREES

If you would like to help the church save money (check out the financial summary for motivation) or save some trees, you can receive a full color electronic version of the Trinity Press by email each

WOMEN'S LUNCHEON

Fall finds Trinity's women gathering again once a month to enjoy a little lunch together. **Friday, October 16th at 12:00 Noon** will be our first luncheon for the season. We'll meet in the Café. Please bring a salad or soup to share! see you there!

... DON'T FORGET TO BRING A ROLL OF PAPER TOWELS FOR THE KITCHEN ...



Women's
Luncheon

TRINITY PRESBYTERIAN CHURCH
1500 Park Blvd
West Sacramento CA 95691
CHANGE SERVICE REQUESTED

Office Hours: Monday - Friday
9:00 a.m. to 2:00 p.m.
Phone: 916.371.5875

WWW.TRINITYWESTSAC.ORG OR
EMAIL: INFO@TRINITYWESTSAC.ORG

Church Staff

Rev. Steve Whitney, Pastor

Rev. Tina Torres, Pastor of
Latino Ministries

Debra Johnston, Pastoral Care/
Children's Choir Director

Karla Rasmussen, Office Manager

Sue Goodwin, Director of Children &
Youth Ministries

Dan Meyerpeter, Youth Leader

Joe Faith, Music Director

Boris Karpuk, Pianist

Trinity Press Staff

Many Volunteers, Office

TRINITY'S VISION STATEMENT

Trinity Church is a Spirit-filled, loving, and life-transforming community of believers, who experience Jesus Christ and grow in faith together, challenging each other to serve with compassion and creativity. In response to God's grace, we bring the hope of life in Jesus Christ to the community and the world, inviting them to join us on this journey of discipleship.

Keep this prayer in your heart
for the month of October...

Living God, we read in the
Bible that you are able to do
"immeasurably more than
all we can ask or imagine."

We can imagine a
lot! Please use us and our
church to bless the lives of
those around us - bringing
them good news, a listening
ear, a helping hand, warm
fellowship, and the Peace of
Christ. We ask in the name
of Jesus.

Amen.